

# SNAP

## FIGHTING FOR NEW JERSEYANS WHO NEED IT MOST

The federal Supplemental Nutrition Assistance Program (SNAP) is a vital, short-term lifeline that keeps food on the table for 1 in 11 New Jerseyans whose limited budgets force them to make tough decisions every day between food, medicine, rent, and gas to get to work. In New Jersey, SNAP provides approximately \$1.26 per meal and brings back \$1.1 billion in federal funding, which is spent on groceries at 6,100 retailers across the state. SNAP helps those who need it most.

### SNAP Households in New Jersey



69% of SNAP participants are in families with **children**



16% of SNAP participants are in families with **elderly individuals**



19% of SNAP participants are in families with **individuals with disabilities**



17,000 households with **veterans** receive SNAP

### SNAP Supports Work

In many communities, finding a job does not happen overnight. SNAP helps New Jerseyans bounce back from hard times by ensuring they can feed their families while looking for work.

- SNAP has strict work requirements. Adults who don't have disabilities, children or other dependents are required to work or participate in a work program for at least 20 hours each week to receive SNAP.
- SNAP help workers *temporarily* stay afloat. The average participant receives SNAP for 12 months and more than 80 percent of those enrolled work in the year before or after receiving SNAP.

SNAP has a rigorous system to determine eligibility to ensure that those who truly need help are getting it. According to the U.S. Department of Agriculture, 94 percent of SNAP benefits are issued accurately.

### A Vital Community Program

United Way fights for the health, education and financial stability of every person in New Jersey, which includes making sure everyone has access to affordable, nutritious food. SNAP is essential to ensuring that children and families have enough to eat, improving abilities to work, learn, and succeed.